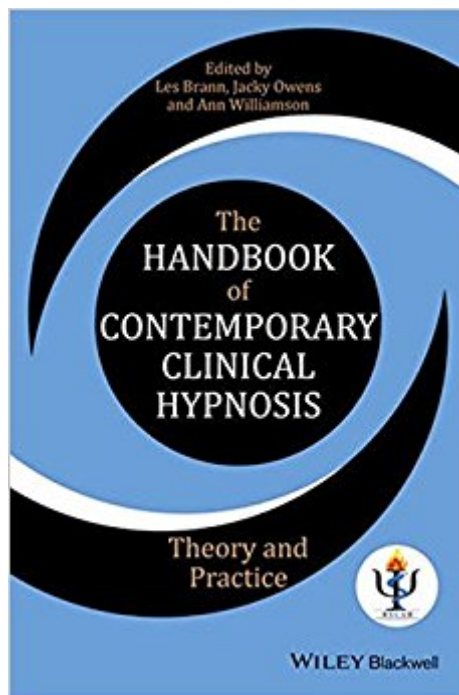




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# The Handbook Of Contemporary Clinical Hypnosis: Theory And Practice



## Synopsis

Covering theory and practice, The Handbook of Contemporary Clinical Hypnosis is an up-to-date, authoritative resource to support health professionals in their use of hypnosis in clinical settings. Provides an authoritative reference for practitioners and trainees on the diverse applications of hypnosis, published under the auspices of the British Society for Clinical and Academic Hypnosis (BSCAH) Combines a theoretical framework with material on a wide range of specific disorders including anxiety, stress phobias, eczema, oncology, eating disorders and infertility Shows how to adjust hypnotic techniques for different contexts e.g. when working with children, in emergencies and via a translator

- Features a variety of case studies that illustrate hypnosis techniques in action

## Book Information

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Coming from the capable hands of editors Brann, Owens and Williamson, this book will be a valuable source of information for those interested in hypnosis as a serious and effective tool in clinical settings. Claudia Nielsen, Psychotherapist and Vice-President of the Scientific and Medical Network, UK The Handbook of Contemporary Clinical Hypnosis highlighted for me what is often lacking in most hypnosis works: a truly integrative effort to enable the clinician to appreciate the theoretical and experimental underpinnings of the clinical techniques. Beginning with an outstanding introduction and continuing with an excellent series of chapters elucidating the different areas and techniques of hypnosis, the various authors share their approaches in a succinct yet comprehensive

manner. I am delighted to recommend this contribution to the hypnosis literature." Shaul Livnay PhD, Chairperson, The Committee for Educational Programs in Europe, European Society of Hypnosis, Israeli Society of Hypnosis

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I have been a professional hypnotherapist for 15 years and I am learning new things from this. Also excellent for a newer clinician. A classic.

Super reference book to have for my practice!

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